

Burger King US Allergen Menu (September 2026)

Allergen information for the standard US menu, taken from Burger King's official US allergen data (the same data behind the BK Nutrition Explorer on bk.com). **YES** = Contains **MC** = May contain (supplier cross-contact) **SE** = May contain via shared cooking equipment (fryers, broiler) blank = not listed.

Standard recipes only. Customizations are not reflected. Burger King kitchens are shared environments and cannot guarantee any item is allergen-free. Recipes and suppliers change; confirm on bk.com or in the BK app before ordering if you have a food allergy.

Menu item	Milk	Egg	Wheat	Soy	Sesame	Fish	Shellfish	Peanuts	Tree Nuts
Breakfast									
Fully Loaded Croissan'wich	YES	YES	YES	YES	MC	SE			
Double Sausage, Egg, & Cheese Croissan'wich	YES	YES	YES	YES	MC	SE			
Bacon, Sausage, Egg, & Cheese Croissan'wich	YES	YES	YES	YES	MC	SE			
Sausage, Egg, & Cheese Croissan'wich	YES	YES	YES	YES	MC	SE			
Bacon, Egg, & Cheese Croissan'wich	YES	YES	YES	YES	MC				
Ham, Egg, & Cheese Croissan'wich	YES	YES	YES	YES	MC				
Egg & Cheese Croissan'wich	YES	YES	YES	YES	MC				
Fully Loaded Biscuit	YES	YES	YES	YES	MC	SE			
Double Sausage, Egg, & Cheese Biscuit	YES	YES	YES	YES	MC	SE			
Bacon, Sausage, Egg, & Cheese Biscuit	YES	YES	YES	YES	MC	SE			
Sausage, Egg, & Cheese Biscuit	YES	YES	YES	YES	MC	SE			
Bacon, Egg, & Cheese Biscuit	YES	YES	YES	YES	MC				
Ham, Egg, & Cheese Biscuit	YES	YES	YES	YES	MC				
Egg & Cheese Biscuit	YES	YES	YES	YES	MC				
Sausage Biscuit	YES		YES	YES		SE			
Egg-Normous Burrito	YES	YES	YES	YES					
Breakfast Burrito Jr.	YES	YES	YES	YES	MC	SE			
Pancake & Sausage Platter	YES	YES	YES	YES		SE			
Pancake Platter	YES	YES	YES	YES					
French Toast Sticks (3 or 5 Pc.)	SE		YES	YES		SE			
Hash Browns (Small)			YES						
Hash Browns (Medium, Large)			YES	YES					
Flame Grilled Burgers									
Whopper		YES	YES	YES	YES				
Whopper with Bacon		YES	YES	YES	YES				
Whopper with Cheese	YES	YES	YES	YES	YES				
Whopper with Bacon & Cheese	YES	YES	YES	YES	YES				
Impossible Whopper		YES	YES	YES	YES				
Texas Whopper	YES	YES	YES	YES	YES				
Texas Double Whopper	YES	YES	YES	YES	YES				
Impossible Texas Whopper	YES	YES	YES	YES	YES				
Texas Whopper Jr.	YES	YES	YES	YES	YES				
Double Whopper		YES	YES	YES	YES				
Double Whopper with Bacon		YES	YES	YES	YES				
Double Whopper with Cheese	YES	YES	YES	YES	YES				
Double Whopper with Bacon & Cheese	YES	YES	YES	YES	YES				
Triple Whopper		YES	YES	YES	YES				
Triple Whopper with Bacon		YES	YES	YES	YES				
Triple Whopper with Cheese	YES	YES	YES	YES	YES				

Menu item	Milk	Egg	Wheat	Soy	Sesame	Fish	Shellfish	Peanuts	Tree Nuts
Triple Whopper with Bacon & Cheese	YES	YES	YES	YES	YES				
Bacon King	YES	YES	YES	YES	YES				
BBQ Bacon Whopper Jr.		YES	YES	YES	YES				
Whopper Jr.		YES	YES	YES	YES				
Whopper Jr. with Bacon		YES	YES	YES	YES				
Whopper Jr. with Cheese	YES	YES	YES	YES	YES				
Whopper Jr. with Bacon & Cheese	YES	YES	YES	YES	YES				
Bacon Double Cheeseburger	YES		YES	YES	YES				
Bacon Cheeseburger	YES		YES	YES	YES				
Double Cheeseburger	YES		YES	YES	YES				
Cheeseburger	YES		YES	YES	YES				
Rodeo Burger	SE		YES	YES	YES	SE			
Rodeo Cheeseburger	YES		YES	YES	YES	SE			
Rodeo Double Cheeseburger	YES		YES	YES	YES	SE			
Hamburger			YES	YES	YES				
Kid's Hamburger			YES	YES	YES				
Kid's Cheeseburger	YES		YES	YES	YES				
Chicken & Fish									
Original Chicken Sandwich	YES	YES	YES	YES	YES	SE			
Spicy Original Chicken Sandwich	YES	YES	YES	YES	YES	SE			
Royal Crispy Chicken	YES	YES	YES	YES	YES	SE			
Spicy Royal Crispy Chicken	YES	YES	YES	YES	YES	SE			
Bacon and Swiss Royal Crispy Chicken	YES	YES	YES	YES	YES	SE			
Chicken Jr.	SE	YES	YES	YES	YES	SE			
Chicken Nuggets (4, 6, 10, 20 Pc.)	SE		YES	SE		SE			
Chicken Fries (4, 8, 12 Pc.)	SE		YES	SE		SE			
Big Fish	SE	YES	YES	YES	YES	YES			
Spicy Big Fish	SE	YES	YES	YES	YES	YES			
Royal Crispy Wrap (Classic, Spicy, Honey Mustard)	YES	YES	YES	YES		SE			
Original Chicken Wrap (Classic, Spicy, Honey Mustard)	YES	YES	YES	YES		SE			
Flame-Grilled Chicken Sandwich (incl. Spicy, Bacon & Swiss)	YES	YES	YES	YES	YES				
Classic Flame-Grilled Chicken Wrap	YES	YES	YES	YES					
Spicy Flame-Grilled Chicken Wrap	YES	YES	YES	YES					
Honey Mustard Flame-Grilled Chicken Wrap		YES	YES	YES					
Sides									
French Fries (all sizes)			SE						
Onion Rings (all sizes)	SE		YES	SE		SE			
Have-sies (all sizes)	SE		YES	SE		SE			
Cheesy Bacon Tots (4 or 8 Pc.)	YES		YES			SE			
Jalapeño Cheddar Bites (4 or 8 Pc.)	YES		YES	YES		SE			
Mozzarella Fries (4, 8, 12 Pc.)	YES		YES	YES		SE			
Mott's Applesauce									
Shakes, Sweets & Dairy Drinks									
Classic OREO Shake	YES		YES	YES					
Chocolate OREO Shake	YES		YES	YES					

Menu item	Milk	Egg	Wheat	Soy	Sesame	Fish	Shellfish	Peanuts	Tree Nuts
Chocolate Shake	YES		SE	SE					
Vanilla Shake	YES		SE	SE					
Strawberry Shake	YES		SE	SE					
Soft Serve Cup	YES								
Soft Serve Cone	YES		YES						
HERSHEY'S Sundae Pie	YES		YES	YES					
Chocolate Chip Cookies	YES	YES	YES	YES					
Iced Coffee (Plain, Vanilla, Mocha)	YES								
Fat Free Milk	YES								
Chocolate Milk	YES								
Other Drinks									
Fountain sodas, iced teas, lemonades, Powerade, Hi-C, juices, water									
Freezee King (Coke, Fanta Strawberry, Fanta Blue Raspberry, Hi-C Orange)									
Hot brewed coffee, decaf, black iced coffee									
Signature Mango Peach Lemonade (Large only)				SE					
Sauces & Condiments									
Hidden Valley Ranch Dipping Sauce	YES	YES		YES					
Zesty Sauce		YES		YES					
Honey Mustard Sauce		YES							
Special Savory Sauce		YES							
Buffalo Sauce	YES								
Mayo Packet	MC	YES	MC	YES	MC	MC			
Butter Blend				YES					
Creamer	YES								
BBQ, Sweet & Sour, Marinara, Ketchup, Mustard, Picante, Syrup, Honey, Jelly									